

Exploring Prayer

Saturdays 9.30am – 1.00pm

**20 May – Ross-on-Wye
Parish Church**

**24 June – Hereford St
Paul's Tupsley**

**30 September – Much
Wenlock Parish Church**



Take this opportunity to experience prayer in new creative ways – to grow, encounter God, pray for the world.

Each session gives the opportunity to participate in three different workshops, having a go at a way of praying, and learning with others from the experience.

Judy writes about her experience at the April Exploring Prayer event.

“It was amazing. The workshop sessions were organised UP, IN and OUT, which I thought was very clever. For UP, ie to God, I was in Judy Dinnen's poetry and prayer group. For IN, ie own development, I chose Mark Meluish about praying through the Scriptures, for OUT (to the world) I chose Blessings. I learned from all of them. The fellowship was great. To be with 30+ people all open to sharing personal stories and enclosed in the Spirit was really encouraging! Wonderful!”

Each event has a different selection of workshops so you can come to more than one and explore more ways of praying!

Book your place here: <https://bit.ly/ExploringPrayer>



Some things valued by participants

- A time of receiving and sharing
- Good to meet old friends and share prayer experiences
- The silence
- The concept of 'In, Up, Out' reflected in the differences in the workshops.
- I am very pleased with the 'goodie bags' - a lot of further ways to explore prayer.
- Time and space to pray in different ways.
- Discussing aspects of prayer with other Christians. Meeting people who I had only met online previously. Meeting face to face was powerful.
- I liked that there was a wide range of workshops to try.
- The worship the diversity of workshops and mixing with people.
- Informal, friendly, useful . . .
- listening to others
- Equally valued having space to think and pray as well as gaining ideas to use when I'm leading others in prayer.
- Reminder that we should stop and pray more - or all the time
- The organisation was excellent so the morning ran smoothly. Great range of workshops and felt like a full day's worth (in a good way!)
- Time to step aside and be deliberate in doing so. Meeting and sharing with folk I didn't know. Gaining new inspiration for private and corporate prayer
- Mixing and meeting with a variety of participants.
- Imaginative ideas and, personally speaking, a wonderful opportunity to listen to what God was saying.
- I appreciated the questions being asked, and still more, the varied answers that were shared. To me, these demonstrated how different we all are, and the range of perceptions we can offer to each other.
- The morning passed so quickly I could almost ignore how well-organised it had been by the team running it.
- I'd recommend Exploring Prayer to anyone of whatever faith, and maybe no faith, if they felt any curiosity about this activity called prayer, beyond those formal prayers we hear in church - dip in and try - it's like being in an ice-cream shop - taste as many flavours as you can, and enjoy the experience and the company. Food for thought, and fun!