

Soul Spark: Session 6



Journeying On...

Talk outline

Offer a fairly brief talk on journeying onwards from the course with God. Invite reflection on what has been helpful from the course that they will be taking away with them. Then offer some ideas of how the journey onward can be supported and encouraged through the three keys to spiritual growth the course is founded on. Conclude by inviting personal pondering what the 'dream of God' is that they may sense is calling them on.

Journeying involves me... and God

- Faith journeying itself produces energy and life that can be shared.
- In Soul Spark we have explored tools and perspectives on the journey.
- Ponder for yourself: What has been helpful that I am taking away with me?

Continuing support for the journey will come from your own

- Spiritual exercises: Giving time to pray, to be 'receiving' from God.
- Reflection: Giving time to look at your experience, how it is affecting you, what may be lying behind your reactions, where God may be drawing you.
- Sharing: Having a place where your faith explorations and reflections are listened to.

Where do I go from here?

- Ponder 'What is my dream?'
- Take a few minutes to do this – jot down any things that emerge.