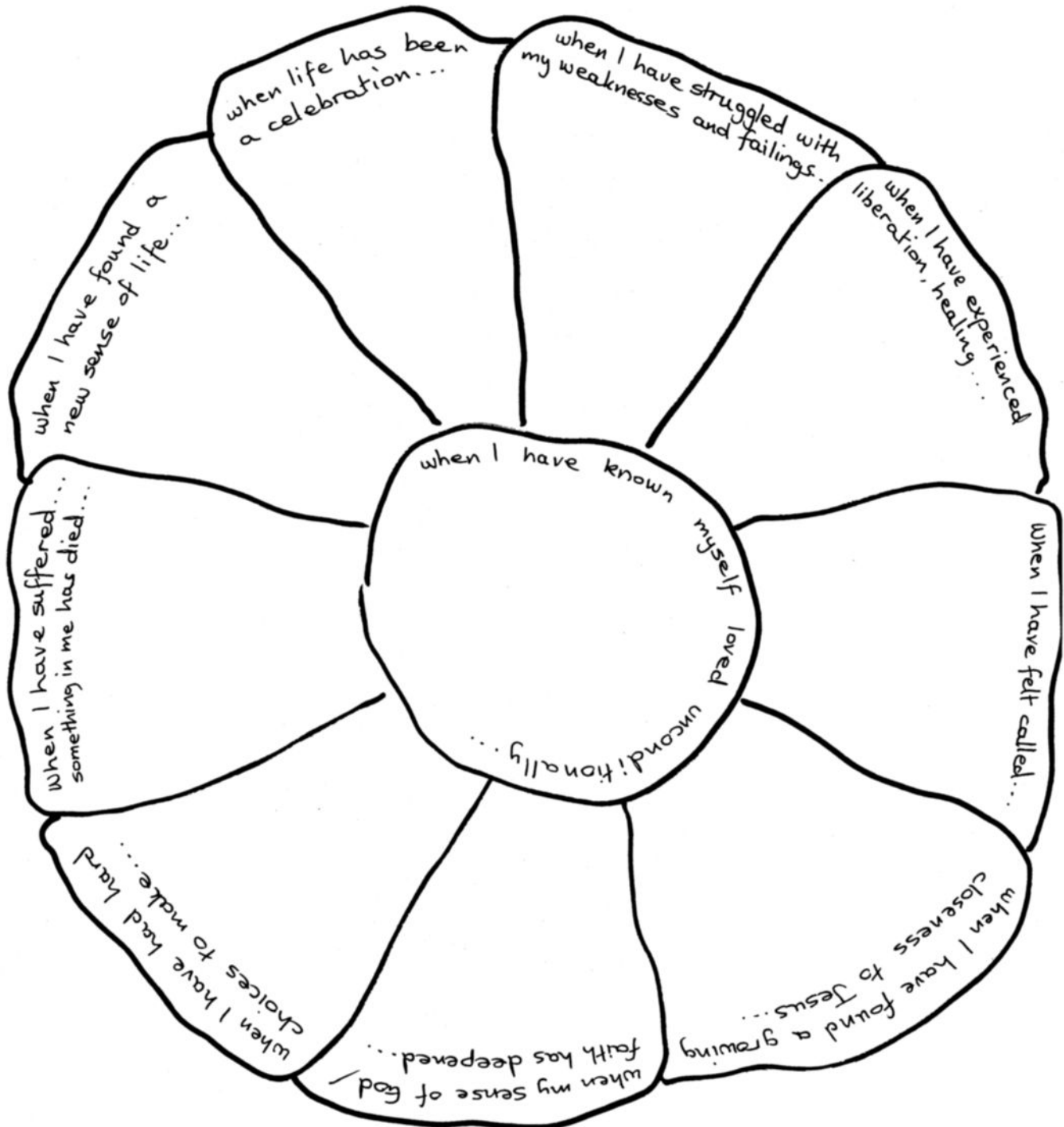


Flower of Me

Spend some time, reflecting on your life experience. Identify moments that connect with the labels on each petal.

Mark each petal with a word or phrase or symbol that describes that experience. It doesn't matter if you don't have something for every petal.



After you have done marked the flower with your experiences as many things as you want, spend some time looking over it

- how does it feel to look at it all?
- what gifts of experience and faith does this reveal